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Your *Pathway* TO A **BETTER** *Practice*  
▶▶▶▶ AND A **BETTER** *Life*



## 5 on the Fly Friday

keeping you informed, inspired & balanced

Forty five minutes before you received last week's "5 on the Fly Friday" newsletter, Jason and I received a knock at the door that no parent ever wants to hear.

Our precious and dearly loved baby boy, Dempsey Paterson Gascoigne had passed away in a tragic accident in Canberra.

Whilst our lives will never be the same, we are truly grateful for the 21 years we had that were so full of love, joy and happiness.

We truly were so proud of Dempsey and loved his zest for life, his caring and compassionate nature, his impeccable manners, his quick wit and humour and his unwavering love he had for Jason, myself and his big brother Callum.



Our hearts are truly broken and we all are going to miss him terribly

Jason and I are taking so much comfort at the moment knowing that we gave all that we had to our beautiful Dempsey - endless love, precious time, a fantastic education and opportunities aplenty.

We shared so much love, adoration and respect for each other and the beautiful memories we made will be with us always.



Dempsey Paterson Gascoigne



"Forever young.

You'll never walk alone."



A celebration of Dempsey's extraordinary life will take place at St Joseph's Catholic Church, East Maitland at 11am next Friday 29 July and will be livestreamed. The link will be accessible shortly by clicking [here](#) should you like to be part of the service virtually.

So where to from *Here?*



In light of the events over the last seven days, I have made the difficult decision to cease writing my much loved "5 on the Fly" weekly newsletter (which usually takes me 2-3 hours

per week) indefinitely which first hit inboxes at 6.00am Friday 26 January 2018. I know there are many dedicated readers who have been looking forward to their regular instalment from way back then!

I would like to take this opportunity of thanking you from the bottom of my heart no matter how long you have been reading my newsletters and I do hope you have been suitably inspired, informed and enlightened on all things to help you have a better practice and a better life which was the purpose I explained in that very first newsletter.

My focus from here on, in addition to being there for Jason and Callum (which is a given) and myself, will be on my private and group coaching clients, The Balanced Firm community and participants of my courses etc.

I will also continue to work with ATO, CA ANZ and a number of other industry partners as your voice.

My message of balance and helping as many small and solo accounting practice owners have better practices and better lives will be even stronger and let me tell you I will be shouting it from the roof tops! It will not only be my legacy but Dempsey's too.

If you love the regularity of my tips, inspiration and insights, I invite you to become a part of **The Balanced Firm Community**. In there I will be sharing even more news, articles and the practical and useful commentary that you have enjoyed here in this newsletter. There will also be practice management tips, monthly group coaching / Q & A sessions with me, guest speakers on our monthly theme, special discounts and offers and CPD hours to be had. And as far as the connections, collaborations, camaraderie and your own cheer squad, well they are priceless. All this for less than \$1 a day and tax deductible to boot!!

If you are happy with less comprehensive and less regular tips, inspiration and insights, I invite you to connect with me on the **social media channel(s) of your choice**. I'm on Facebook, Instagram and LinkedIn.

Finally, if it's OK with you I will keep in touch at different times during the year such as when I may be launching a course, holding an online webinar, interstate workshop or releasing resources such as my annual tax time bundle or price list. I promise I will not inundate you though. If you do not wish to receive such correspondence, that's totally fine. Just hit unsubscribe at the bottom of this email and thank you for your support and interest in my newsletter.

I've included all the relevant links below 🖱🖱🖱🖱🖱🖱 and it's up to you to choose your own adventure and mode of connection.

[\*\*JOIN The Balanced Firm Community\*\*](#)

[\*\*LIKE Amanda Gascoigne - Accounting Practice Coach Facebook Page\*\*](#)

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One of the things I am most proud about is when I read blogs, articles and pieces I have written, when I talk to people about the advice I have given them over the years and when I share stories about the way I ran my practice and my holistic

philosophy on life and biz matters is consistency and authenticity of my message.

Feel free to head over to my website for some of those [blogs](#) that are very old!

I thought it was fitting and hopefully inspiring to share with you what I wrote in that very first newsletter in the section that was titled **What's coming up next week?** For myself, my boys go back to school on Wednesday and the work year will officially be kicking off for me as I do try to enjoy their 6-8 weeks holiday with them. As they are nearly 17 & 18, they don't necessarily need me around but it's nice to be there for them. I still do get work done it's just that I usually get it done from the kitchen table or the lounge so I can just hang with them. I have been doing this for the last 8-10 years so my clients are used to me not being in the office in January.



I look forward to keeping in touch in whatever way you choose.

Until then, keep well, keep balanced and wishing you all the very best in business and in life.

*Amanda*

PS hug your kids that little bit tighter this morning and for your adult kids, tell them how much you love them. We / I showed our boys so much love and affection and I'm so grateful I told them on the phone so often just how much I loved them and it was always reciprocated no matter where they were and who they were with.

Quote of the week



And for the last "5 on the Fly Friday" newsletter, I will leave you with the quote I shared in the very first edition dated 26 January 2018.

Quote to take you into the weekend to help you find  
some balance

*Enjoy*  
the little things in life,  
for one day you will look  
back and realize they were  
the big things.



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